



BTEC TECH Award in Health and Social Care



This course consists of **three components** taught during 3 lessons each week in Years 9 and 10: two components are internally assessed and one is externally assessed.

The three block structure, explore, develop, and apply, has been developed to allow students to build on and embed their knowledge.

The assessment structure is designed so that students can build on what they learn, and develop their assignment skills, as they move through the course.

Component 1 (Explore) – Human Lifespan Development

(Internally assessed assignments) 30% of total course.

- **Explore** how individuals develop physically, emotionally, socially and intellectually over time.
- **Investigate** how various factors, events and choices impacts individuals' growth and development.
- **Discover** how people adapt to life events and cope with making changes.

Component 2 (Develop) – Health and Social Care Services and Values

(Internally assessed assignments) 30% of total course.

- Learn which health and social care services are available
- Identify why people might need to use these services
- Discover who's involved in providing these services
- Explore what might stop people from accessing the services they need
- Look at the care values the sector has to make sure people get the care and protection they need.

Component 3 (Apply) – Health and Wellbeing

(Externally assessed task, in which students create a health and wellbeing improvement plan for an individual, based on a brief) 40% of total course.

- Learn what 'being healthy' means to different people
- Explore the different factors that might influence health and wellbeing
- Identify key health indicators and how to interpret them
- Assess an individual's health using what they've learned
- Create a health and wellbeing improvement plan for that person, which includes targets and recommendations of support services available
- Reflect on the potential challenges the person may face when putting the plan in action.

